KINGSTON VOLLYEBALL APEX COACH CODE OF CONDUCT

Purpose

This Coach Code of Conduct and Contract outline the expectations, responsibilities, and standards of behavior required of all coaches within the club. Our goal is to create a positive, safe, and development-focused environment for all athletes.

1. Coaching Philosophy As a coach, I will:

- Prioritize athlete development, enjoyment, and well-being over winning.
- Promote teamwork, respect, effort, and sportsmanship.
- Create an inclusive environment where all athletes feel valued and supported.

2. Professional Conduct I agree to:

- Demonstrate respect toward athletes, parents, officials, and other coaches at all times.
- Use appropriate language and maintain a professional demeanor.
- Refrain from any form of harassment, discrimination, or bullying.
- Represent the club positively in all settings (games, practices, travel, and online).

3. Athlete Safety & Welfare I will:

- Ensure a safe training and competition environment.
- Follow all safety guidelines and emergency procedures.
- Never engage in physical, emotional, or verbal abuse.
- Maintain appropriate boundaries with athletes at all times.
- Report any concerns related to athlete welfare according to club policy.

4. Communication I agree to:

- Communicate clearly and respectfully with athletes and parents.
- Provide constructive feedback that supports growth and confidence.
- Address concerns in a timely and professional manner.
- Follow club protocols for team communication (e.g., email, team apps).

5. Fair Play & Integrity I will:

- Adhere to the rules of volleyball and uphold the spirit of fair play.
- Avoid favoritism and provide equal opportunity for development.
- Model honesty, accountability, and integrity in all decisions.

6. Commitment & Responsibility I agree to:

- Arrive prepared and on time for all practices, games, and meetings.
- Plan and deliver organized, age-appropriate training sessions.
- Attend required club meetings, training, and certifications.
- Notify the club in advance if unable to fulfill coaching duties.

7. social media & Digital Conduct I will:

- Use social media responsibly and professionally.
- Avoid posting inappropriate content related to athletes or the club.
- Obtain proper consent before sharing athlete images or information.

8. Substance Use I agree to:

- Refrain from the use of alcohol, drugs, or tobacco during any club-related activities.
- Never be under the influence while coaching or supervising athletes.

9. Conflict Resolution I will:

- Address conflicts calmly and respectfully.
- Follow club procedures for resolving disputes.
- Avoid confrontations with officials, opponents, or spectators.

All coaches with APEX are expected to adhere to the following:

- Behave ethically by demonstrating respect for the rules and spirit of competition in the Ontario Volleyball Association.
- Respect the dignity and feelings of young athletes by behaving in a manner that is fair, open, and equitable.
- Treat officials, parents, spectators, and other participants in competition with respect and dignity by refraining from criticism and intemperate behavior.
- Manage the behaviour of athletes in competition and training to foster a supportive and cooperative environment.
- Monitor and address conflict in a sensitive and timely manner.
- Follow the practices of conflict resolution adopted by KVA.
- Communicate clearly and regularly with athletes and parents about team-related matters such as training schedules.
- Encourage communication with athletes to develop confidence, self-efficacy, and a clear understanding of expectations.
- Communicate confidentially when speaking with parents, while respecting others' right to privacy.
- Teach and develop the skills of volleyball through both effective discussion and activities that are tailored to the age, psychology and abilities of the player, ensuring that every team member has an opportunity to grow as a player.
- Ensure the safety of her/his athletes by employing safe training techniques, maintaining an effective Emergency Action Plan, and following the ethical practices established by Volleyball Canada.
- Demonstrate a continuing commitment to improvement as a coach by regularly engaging in learning and accreditation activities.
- Abide by and demonstrate knowledge of all OVA and Volleyball Canada policies.
- Attend Club meetings as required.
- Select and work with the team manager, parent representative and Club Executive on such matters as tournament bookings and conflict resolution.
- As the Club's representative in our rental facilities, to be responsible for the condition and security of the equipment and property to the best of their ability.
- Work alongside the TD (Technical Director) to always strive to create a high-level environment for athlete and coach growth.
- Being fully engaged and committed to off-court duties that contribute to the success of the Club, Team, and Athletes such as Game-Planning, Practice Planning, Meetings, Watching Film, etc.
- Play a role in assisting communication between athletes and Post-Secondary coaches for recruiting purposes to assist athletes in achieving higher-level participation.

I commit to upholding these standards and creating a respectful, supportive environment for all athletes. I acknowledge that I have read, understood, and agree to abide by this Coach Code of Conduct. I understand that failure to comply may result in disciplinary action, including suspension or termination of my coaching role.

COACH NAME:	
SIGNATURE	
DATE:	